# Nov Conspiring News



Merry Christmas!





# A few words of thanks from CEO, Justin -

Thank you so much for your huge support, as always it is appreciated, but during the last few months more so than ever. It has been an interesting time for us here at Arc, with most of our staff working from home but still

supporting our clients, and of course our hostel continuing to operate on a daily basis. I am humbled by the loyalty and dedication of our staff here, with some tremendous successes during the Pandemic. We have housed 245 homeless people since March, and just as impressive is that we have moved 31 on into independent living in that time as well. There has been so much generosity from all our supporters, so while everything else has been going on for you all, you have still thought of those less fortunate. All I can say is a huge THANK YOU to every one of you. You will be pleased to know that for every £1 that is donated to Arc, the whole of that **£1** is spent on our clients' needs, all benefiting the clients directly in one way or another. Again, a huge THANK YOU. Stay safe, look after yourselves and have a lovely Christmas.



In our last newsletter we told you about the renovations taking place at our hostel, Lindley House. We are delighted to tell you that our in-house GP Clinic is now 'officially open', thanks to the hard work of our Property Team. The consultation room and treatment room, which can be seen in the photos below, are already being used regularly to help our clients and rough sleepers to access healthcare services. This is just the start of Arc's plan to create a wellbeing hub, which we've named 'The Reach

# *"I never thought in a million years that I would be homeless" -* David's Story



"I grew up in Wells in Somerset and spent my career in sales. I met my wife and we had three amazing children. After 2 nasty car accidents, I was forced to leave my stable job. I was brought up as a proud man, so I always struggled asking for help. My marriage broke down and that impacted my mental health. I lost my job, my self esteem and most importantly, me! Because I always worked hard, I never thought in a million years that I would be

homeless. I was admitted to Rydon House (mental health ward) which was a massive shock. After this, I managed to get back on my feet, but eventually things went back to how they were and I stopped feeling myself. I went to the doctors was diagnosed with Parkinson's disease. This was devasting to me. I lost my accommodation which made me rely on family members. I was eventually contacted by the Council and put into emergency temporary accommodation. I had an interview with Arc and they placed me into one of their satellite properties. At the meeting, I met my Support Worker, Charlie. We worked really well together, and we resolved my benefit and housing issues. After a while I was offered 2 properties from the Council. Charlie supported me throughout the process. I am very grateful for Arc's services. I have learnt that pride does come before a fall and the sooner you ask for help the less traumatic it will be!"

Centre'. Here, multiple agencies can offer services to support our clients in numerous ways, such as mental health, sexual health, financial advice and much more. In other Lindley news, the big old windows have now been replaced! This was a major and long overdue project and we can't wait to show you

the end result. The Property Team are working on the finishing touches before we remove the scaffolding and then we can reveal the finished outcome to you all! (Keep an eye out on our website and social media for updates!)









@Arc\_Homeless

# Inspiring News





### PLEASE HELP US TO CREATE SOME CHRISTMAS CHEER... SPONSOR A SHOEBOX OR HAMPER!

As the temperature drops & Christmas approaches, life can get tougher for those who have found themselves homeless.

Due to the current restrictions, it is not possible for us to run our shoebox and hamper appeal in their usual form, whilst also putting the safety of our clients first. But, all is not lost! We'd love if you can still support our appeal by donating money so that Arc's team can purchase the gifts and luxury hamper items to give to our clients this Christmas!

#### By donating just £10 for a shoebox or £30 for a hamper, you will be helping Arc to create a Happy Christmas for the local homeless community this year!

You can sponsor a shoebox or hamper by: > Donating via our website at: www.arcinspire.co.uk/donate > A direct bank transfer using the reference **Shoebox or Hamper** (Natwest, Sort Code 60-80-06, A/C 60108150) > Cheques made out to Arc and sent to 7 The Crescent, Taunton TA1 4EA

#### Thank you

## Christmas 2020 at Arc

Christmas may look different for us all this year, but we, at Arc, are determined to create a happy one for our clients! This will include gifts, good food and celebrations. Merry Christmas all!

#### **Tenancy Sustainment Service**



Arc are pleased to be offering a new service in collaboration with Somerset West and Taunton Council to assist clients

who are moving on from Arc's services into their own independent accommodation. Transitioning from living in supported accommodation to living alone can be an overwhelming move and we want to ensure clients can succeed in their new homes. Our new Tenancy Sustainment Service will provide support for clients when they have moved, helping them to get set up and settled. The support work will include helping clients to set up payments for their bills and establish them into the community, building ties to help them in this next stage of their journey. We hope that this new service will enable more clients to succeed in their new tenancies and create a happy home and independent life for themselves.

#### One final word from a client...

"I want to give back what Arc has given to me. It's saved my life, I was in such a dark place. You feel like you're in a massive black jar and you're trying to climb up the sides and all you do is keep slipping back down. But now I've got grips on it and I'm almost at the top. It's like Arc has been my backbone. If it wasn't for Arc, I know for a fact that I wouldn't be here." - Clare





